

MESH

MAINTAINING NETWORKS



Primarily focus on creating relationships – networking is all about personal relationships

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Repetition

- Participate in events of your field and interests regularly
 - You will meet the same people frequently and can grow relationships with them
- Meet people also outside official events
 - Send emails, ask for coffee or lunch, catch up
- Share articles, events, open positions for people of your networks who might be interested

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Networking is a two-way street

- Give help before you ask for favours or help
- Offer and give help/advice/tips for your network
 - If you cannot help, recommend someone else from your network, who could help instead
- If you need help, ask permission first
 - *“Hi Bob, I have worked with subject X and I feel that you might have more information about that. Would you have time to talk with me?”*

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Networking is a two-way street

- Share your networks – be a connector of people

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And remember: Everyone you meet might not be useful for job-seeking or career-wise, but do not give up!